



The University of Calgary

# Ballroom Dance Club

2009 – 2010 Season

*Join us for another fun filled year  
learning to dance in a friendly and  
social atmosphere!!*

**Open to the Public, No Experience or Partner needed!  
Dances Parties, Workshops, Formal Dinner Dances**

**North American Style:** Waltz, East Coast Swing, Foxtrot, Rumba, Tango, Cha Cha, Samba and Mambo

**International Style:** Waltz, Jive, Foxtrot, Rumba, Tango, Cha Cha, Quickstep, Samba, and Viennese Waltz

**Country:** Two step, Night Club 2, West Coast Swing, Country Waltz, Triple Two Step, and Country Cha Cha

A full dance program for beginners to advanced dancers. The main program is 30 weeks in duration with 10 weeks each in Fall, Winter and Spring Sessions. Classes are 1½ hours of instruction. In addition we offer a three week workshop just before Christmas break and another three week workshop just after the Spring Session ends. There are seven dance parties throughout the year and a formal dinner dance before Christmas, (Christmas Dance), and a second formal dinner dance in March, (Primavera).

The Club conducts classes at various venues throughout the city. The venues include:

University of Calgary, Multi Purpose room KNA 262 (U of C)

Our Lady of Grace Church, 1714 – 14<sup>th</sup> Ave., N.E. (OLG)

Varsity Community Centre, 4303 Varsity Drive, N.W. (VCC)

Triwood Community Association, 2244 Chicoutimi Drive N.W. (TCA)

Beddington Heights Community Association, 375 Bermuda Drive, N.W. (BHCA)

## **Monday**

Social 1 6:30 pm (OLG)

Country 1 8:00 pm (OLG)

## **Tuesday**

Technique 6:30 pm (OLG)

Bronze 8:00 pm (OLG)

Social 1 8:00 pm (U of C)

Social 2 6:30 pm (TCA)

Social 1 8:00 pm (TCA)

## **Wednesday**

Social 3 6:30 pm (TCA)

Country 2 8:00 pm (TCA)

Social 1 6:30 pm (BHCA)

Social 1 8:00 pm (BHCA)

Gold 6:30 pm (VCC)

Silver 8:00 pm (VCC)

## **Registration**

Registration for classes will take place on Wednesday, September 09, 2009 7:00 – 9:00 pm, at Our Lady of Grace Church, 1714 – 14<sup>th</sup> Avenue, N.E.

## **Class Fees**

	<b>10 Weeks</b>	<b>20 Weeks</b>	<b>30 Weeks</b>
General Public (adult)	\$80	\$140	\$195

U of C Student (with valid student ID)                      \$70                      \$130                      \$180

**Note:** The price discount only applies if the student takes multiple sessions in one class. The discount does not apply to multiple classes in one session. Registrations/payments made in person require cash payment or current date cheque.

**Membership Fee \$10.00** A membership is required to enrol in classes.

**Try Us Out for Free!** The dance classes the Week of Sept 14 – 17, 2009, are free to come and try us out. Bring your friends. If you like what you see, register during the second class.

### **What level am I in?**

Level 1 is for beginner dancers to teach them the basic steps and build a foundation for more advanced levels. It is recommended students stay at this level for 2 to 3 years to get a solid understanding of the basics. The figures are varied from session to session to broaden the student's repertoire of figures.

Level 2 is an intermediate level with Level 1 as a pre-requisite. Level 2 focuses on the development of technique using more advanced dance figures. It is recommended that students spend 2-3 years in Level 2 to ensure their technical ability is well grounded before moving on.

Level 3 is an advanced level with a very strong technical content illustrated through very intricate dance figures.

### **Try out for TA, Instructor or Administrative Assistant**

Great benefits include:

- \* Weekly training and one class of your choice free!
- \* A complimentary ticket to our theme dances and to the Christmas and Primavera dances upon completion of volunteer dance duties
- \* Reduced Workshop fees
- \* Subsidized TA recognition dances
- \* A Club shirt

In return, if you are interested in trying out to become a TA or Instructor, you must:

- \* Register and take the TA/Instructor Training.
- \* Be a current member.
- \* Have at least one year's dancing experience..
- \* Upon registration, agree to undertake the obligations of TA/Instructors to attend all dance classes to which you are assigned for the full 30 week regular season,
- \* Attend all TA/Instructor training sessions and perform volunteer work for the Club.

**TA/Instructor Training** will take place at:

**Beddington Heights Community Association,  
75 Bermuda Drive, N.W (BHCA)  
Aug 18, 20, 25, 27, Sep 01, and 03**

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